

MOC - Floyd Valley October Lunch Menu

This institution is an equal opportunity provider.



Monday	Tuesday	Wednesday	Thursday	Friday
			1 Chicken Patty on a Bun Tomato/Lettuce/Mayo Potato Smiles Broccoli Bananas Milk	2 Fish Sticks/Tartar French Fries/Ketchup Baked Beans Fruit Rice Krispie Bars Milk
5 Hot Dog on a Bun Potato Wedges Ketchup Carrots Apples Milk	6 Meatball Sub/Cheese Lettuce Salad/Dressing Sun Chips Fruit Cup Milk	7 Crispito/Cheese Sauce Potato Coins Fresh Veggies/ Dressing Strawberries Milk	8 BBQ on a Bun Hash Brown/Ketchup Baked Beans Kiwi Cookie (MS, HS) Milk	9 Chicken Tenders Dipping Sauce Mashed Potatoes/Gravy Broccoli Garlic Bread Mandarin Oranges Milk
12 Hamburger on a Bun Cheese/Lettuce/Tomato Confetti Fries/Ketchup Grapes Milk	13 Taco in a Bag Cheese/Lettuce/Salsa Refried Beans Pineapple Churro Milk	14 Mac & Cheese Mini Corndogs/Ketchup Cooked Carrots Peas (HS) Peaches Rice Crispy Bar Milk <u>Hospers Elem.</u> Ham & Cheese Sandwich Carrots Apples Chips Milk	15 Scalloped Potatoes and Ham Green Beans Cheese Breadstick Fruit Teddy Grahams (MS, HS) Milk	16 Grilled Cheese Tater Gems/Ketchup Candied Carrots Melon Milk
19 Deli Sub/Cheese Lettuce/Tomato Mayo/Mustard Hash Brown Carrots Fruit Cookie (HS) Milk	20 Pizza Garlic Twist/Marinara Mixed Veggies Bananas Milk	21 Chicken Patty on a Bun Tomato/Lettuce/Mayo Baked Beans Potato Smiles Fruit Milk	22 Pasta Bake Lettuce Salad/Dressing Garlic Bread Fruit Milk	23 Popcorn Chicken/Dipping Sauce French Fries/Ketchup Green beans Fruit Dinner Roll Milk
26 Chicken Quesadillas Salsa Spinach Salad/ Dressing Fruit Milk	27 Mr. Rib on a Bun Confetti Fries/ Ketchup Baked Beans Fruit Milk	28 Chicken Strips/ Dipping Sauce Mashed Potatoes/ Gravy Broccoli/Cheese Dinner Roll Oranges Cookie Milk	29 French Toast/Syrup Sausages Hash Brown/Ketchup Baked Apples Juice Milk	30 Orange Chicken Brown Rice Stir Fry Veggies Egg Roll Milk