



MOC - Floyd Valley October Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Sept. 30 Creamed Chicken on a Bun Green Beans Strawberries Milk	OCT. 1 Italian Dunkers Meat Sauce Spinach Salad Dressing Carrots Fruit Milk	2 Chicken Fajitas Cheese/Tomato/ Lettuce Spanish Rice Corn Tropical Fruit Milk	3 Grilled Chicken/Gravy Sauce Savory Rice Broccoli Bananas Garlic Toast Cookie Milk	4 Tavern on a Bun Cheese Confetti Fries/ Ketchup Baked Beans Grapes Rice Crispy Bar Milk
7 Teriyaki Chicken Mixed Veggies Rice Egg Roll Fruit Milk	8 Chicken Fingers/BBQ Sauce Mashed Potatoes/ Gravy Broccoli Garlic Toast Mandarin Oranges Milk	9 Crispito/Cheese Sauce Potato Coins Cucumbers & Carrots Dressing Strawberries Churro Milk	10 BBQ Sandwich Hash Brown/Ketchup Baked Beans Kiwi Applesauce Snickerdoodle (MS, HS) Milk	11 Mac & Cheese Corn Dogs Ketchup Carrots Peas (HS) Peaches Rice Crispy Bar Milk
14 Hamburger on a Bun Cheese/Lettuce/ Tomato Confetti Fries/ Ketchup Fruit Milk	15 Taco in a Bag Cheese/Lettuce/ Salsa Refried Beans Pineapple Side Kick Slushie Churro Milk	16 Hot Dog on a Bun Potato Wedges/ Ketchup Broccoli/Cheese Apple Cookie Milk	17 Ham Mashed Potatoes/ Gravy Green Beans Breadstick Fruit Graham Snack Milk	18 Grilled Cheese Chicken Noodle Soup Baby Carrots/Ranch Fruit Granola Bar Milk
21 Deli Sub Lettuce/Tomato/ Mustard/Mayo Hash Brown/Ketchup Cooked Broccoli Grapes Cookie (HS) Milk	22 Pizza Bread Stick/ Marinara Corn Banana Milk	23 Tacos Lettuce/Tomato/ Cheese Baked Beans Chips/Salsa (HS) Pears Milk	24 Pasta & Meat Sauce Fresh Veggies/ Dressing Garlic Toast Applesauce Milk	25 Popcorn Chicken/ Dipping Sauce Potato Smiles/ Ketchup Green Beans Dinner Roll/Jelly Oranges Rice Crispy Bar Milk
28 Mr. Rib on a Bun/BBQ Tomato/Lettuce Baked Beans Confetti Fries/ Ketchup Fruit Milk	29 Quesadillas Salsa Spinach Salad/ Dressing Strawberries Milk	30 Chicken Strips/ Ketchup Mashed Potatoes/ Gravy Broccoli Dinner Roll/Jelly Fruit Cookie Milk	31 French Toast Sticks/ Syrup Sausage Potato Wedges/ Ketchup Peaches Orange Juice Milk	