

## 2022-23 MOC-FV Athlete Registration Information—Grades 7-12

1. Make sure you have the BOUND (formerly Varsity Bound) app on your phone. Check and keep track of the email & password that you used to upload your app. If are not sure which email you used, look in your BOUND profile to find it. You will need this to log in.
2. You should complete the rest of the process on your **personal computer, not your phone**.
3. Click on this link to register your student-athlete for the 22-23 school year athletic teams.  
<https://manager.gobound.com/ia/mocfloydvalley/students>
4. If you have not used the registration feature previously, watch the video to see how to complete the registration process. <https://youtu.be/7D9szjVCLIM>
5. Click on “Find My Student” **OR** “My Dashboard” to begin process.
6. Follow instructions that are given. Be sure to complete all questions and forms.
7. You will need to upload your signed forms—Physical, Concussion Form, Insurance Waiver and Good Conduct Policy. Use your phone to take a picture of each of these documents. Upload both sides of the physical. All signatures must be in place to be approved.
8. Register your student-athlete for all of the sports that you anticipate him/her going out for in the 22-23 school year.
9. Be sure to register for the correct level—HS or MS for each sport.
10. If you have any questions, contact BOUND using the green chat button or contact Mark Gunderson, [mgunderson@mocfv.org](mailto:mgunderson@mocfv.org).

**Special note:** if your student-athlete took his physical during the 21-22 school year and still has some time remaining on it, you will need to get a copy of that to take a pic of. You may need to get request a copy from the clinic where the physical was given. The MS and HS office’s might have a copy as well.