

MOC-Floyd Valley Community School District



Fostering learning, excellence and civic responsibility

Dutch Dialog

December 2020



Strive for Excellence

Administration

- Russ Adams
Superintendent
737-4873
- Mike Mulder
High School Principal
737-4871
- Mark Gunderson
Athletic Director
737-4871
- Cam Smith
Middle School Principal
756-4128
- Mike Landhuis
OC Elementary Principal
737-4606
- Marcia De Graaf
Hospers Elem Principal
752-8480



WINTER VACATION

Winter break will begin on
Wednesday, December 23rd.
Classes will be dismissed at normal dismissal
time on Tuesday, December 22nd.

Regular classes will resume on
Tuesday, January 5, 2021
(Staff Development on Monday, January 4th.)

Friday Dismissals

School will be dismissed two hours early (1:15pm) on
Fridays - for staff development.

*In the unlikely event that we have a weather-related late
start on one of the scheduled professional development
Fridays, we will cancel the early dismissal and attend until
our regular 3:15 p.m. dismissal time.*

It is the policy of the MOC-Floyd Valley Community School District not to illegally discriminate on the basis of race, color, national origin, sex, disability, religion, creed, age (for employment), marital status (for programs), sexual orientation, gender identity and socioeconomic status (for programs) in its educational programs and its employment practices. There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to this policy please contact the district's Equity Coordinator, Russ Adams, Superintendent, 709 8th St SE, Orange City, IA 51041 712-737-4873, radams@mocfv.org

Receiving Weather Alerts and Informational Messages from the MOC-Floyd Valley School District

Signing up for weather alerts and informational school messages is easy. Infinite Campus is the source of this messaging system.

To choose how you would prefer to receive these messages, sign into your parent portal account, located on our school website homepage, and click on "Receive alerts". If you do not have a parent portal account and would like to have one created for you, or just need assistance, please contact one of the people listed below.

Cathy Van Es, cvanes@mocfv.org, 712-737-4606

Ryan Noteboom, rnoteboom@mocfv.org, 712-737-8197 x3007

Aaron Norman, anorman@mocfv.org 712-737-8197 x3008

Inclement Weather and School Cancellation Information

Several sources will be used when making the decision to close school including personal checks of the roads, conversations with neighboring school districts and county personnel.

Infinite Campus alerts are the first line of communication. MOC-Floyd Valley also notifies KSOU (1090 AM, 93.9 FM), KIWA (1550 AM, 105.5 FM), KDCR (88.5 FM), as well as TV stations KMEG, KTIV and KCAU. Every attempt will be made to have late start or school cancellation announcements posted to the media by 6:30 a.m.

If school starts late, all before-school activities will be cancelled, there will be no AM Transitional Kindergarten, and breakfast will not be served. If school is called off at mid-day and the weather clears up later in the day, we may attempt to hold scheduled events. If this happens, info will be announced on the radio and TV stations listed above.

If school is dismissed early during the day, someone will remain at the central office until all buses have checked in to make sure everyone is accounted for. MOC-Floyd Valley buses have two-way radios for effective communication between drivers and all school buildings.

Note: If school starts late on a Friday (due to weather) with a scheduled early dismissal of 1:15 p.m., dismissal time will be 3:15 p.m.



News from the Counselor's Desk: Mr. McDonald

COLLEGE PLANNING CHECKLIST:

ACT Test Date	Registration Deadline	Late Registration Deadline
Feb 6, 2021	Jan 8, 2021	Jan 15, 2021
Apr 17, 2021	Mar 12, 2021	Mar 16, 2021
June 12, 2021	May 1, 2021	May 21, 2021
July 17, 2021	June 18, 2021	June 25, 2021

Sign-up for the ACT test

2020-21 ACT test dates and registration deadlines:

ACT.com website for ALL information: registration, test prep, and more information.

www.actstudent.org MOC-FV Code is 163-335

First time registration takes at least 45 minutes.

Keep your username and password.

If NWC is not an available test location, Dordt University is a new test location.

- Visit with your school counselor to make sure you are on track to graduate and fulfill college admission requirements.
- Keep working hard all year; first semester grades can affect scholarship eligibility.
- See your school counselor for help finding financial aid and scholarships.



SCHOOL HEALTH NEWS

Ashley Van Voorst, RN - SCHOOL NURSE

The 5 MUSTS during this Holiday Season

1. Wash your hands
2. Get your flu shot
3. Eat healthy foods
4. Get enough rest
5. If you get sick, stay home

Influenza is starting to arrive in Iowa. Influenza is not the same as the stomach (gastrointestinal) flu. Confirmed cases of influenza are still very low, but use the 5 MUSTS to keep bugs from spreading this holiday season.

Be aware of these common Flu (Influenza) symptoms

- **Fever:** fever is usually present in up to 80% of flu cases. A temperature of 100 degrees, or higher, for three or four days is common. **REMEMBER - your child must be fever free for 24 hours, without the use of Tylenol or Ibuprofen, before returning to school.**
- **Headache,** body aches, or chills are common with the flu
- **Fatigue:** fatigue is moderate to severe with the flu. Adequate rest will help your body fight off the bug.
- **Cough:** A non-productive (no mucous) cough is usually present with the flu

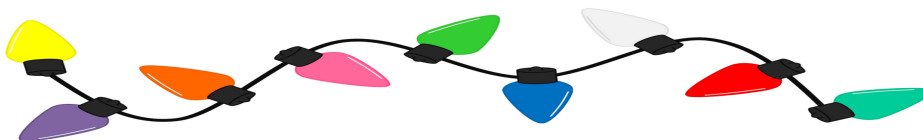
Note: a stuffy nose and sore throat are not commonly present when you have the flu. These can be caused by other viruses.

Should my child stay home from school???

- **Runny nose:** This may be due to an allergy or cold. Unless there is a fever present, your child may come to school. For fever or colored mucous, you may want to talk to your doctor.
- **Cough or Cold:** These can lead to, or indicate, more serious infections such as bronchitis or pneumonia. If your child is not acting like his/her normal self, has a fever, or has difficulty breathing, check with your doctor. If no fever is present and you feel it is a mild cold, your child may come to school. Please instruct them to wash their hands frequently, use their sleeve to cough, and drink plenty of fluids.
- **Diarrhea or Vomiting:** If your child has these symptoms, they should not come to school. This can be very contagious. You should monitor for signs of dehydration and consult with your doctor. Your child may return to school if there hasn't been an episode of either for at least 24 hours.
- **Fever:** For any temperature over 100.0 degrees, your child is considered contagious. Your child needs to be fever free for 24 hours without the use of Tylenol or Ibuprofen.
- **Sore throat:** These can accompany a cold or indicate a more serious infection such as strep or mono. If your child has difficulty swallowing consult with your doctor. If a strep infection is found, please notify the school and keep your child home from school for at least 24 hours after starting antibiotics.

Reminders:

*All ninth grade students need to have a dental screening and a Certificate of Dental Screening form sent to the school nurse by December 1, 2020. You will be getting a reminder in the mail if your child still needs this requirement.



VOCAL MUSIC NEWS! VOCAL MUSIC NEWS!! VOCAL MUSIC NEWS!!!

Holiday Music Concert

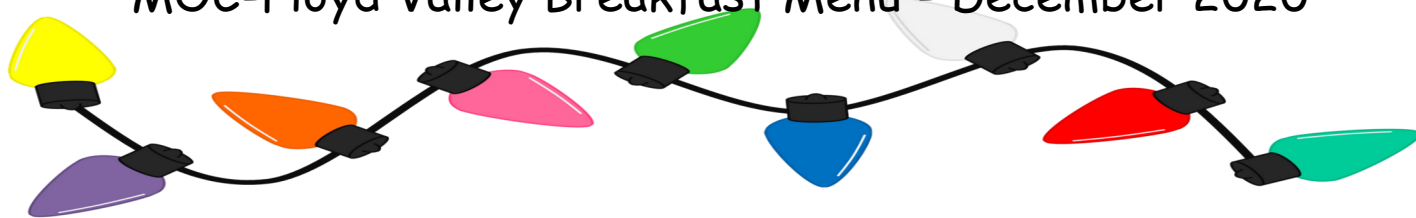
Our MOC-Floyd Valley high school students have been working hard to prepare a wonderful holiday concert to ease you into the holiday spirit. Join us on **Monday, December 14th at 7:00 p.m.**, in the new gym, at the high school, for our Holiday Concert featuring the Mixed Choir, Concert Choir, Chamber Singers, String Orchestra, Concert Band and Symphonic Band. Come and enjoy the beautiful music that our students have to share!!




December 2020

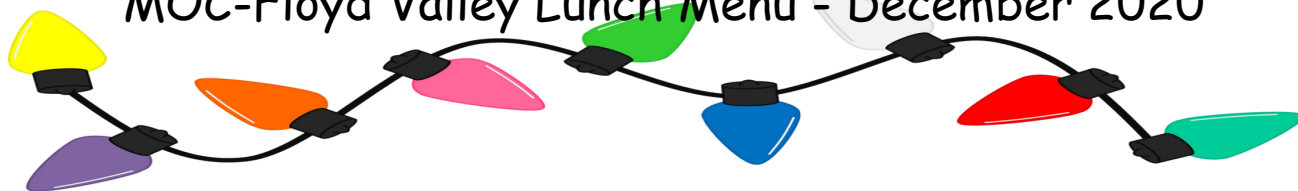
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 BB-7th (Cancelled) BB-8th (Cancelled) 4:45pm BB-G/JV Sheldon 4:45pm BB-B/JV Sheldon 6:00pm WR-JV MVAOCO vs. Multiple Schools 6:00pm WR-Varsity MVAOCO vs. Multiple Schools 6:15pm BB-G/Varsity Sheldon 7:45pm BB-B/Varsity Sheldon	2	3 BB-7th (Cancelled) BB-8th (Cancelled) 4:45pm BB-G/JV Spirit Lake 4:45pm BB-B/JV Spirit Lake 6:15pm BB-G/Varsity Spirit Lake 7:45pm BB-B/Varsity Spirit Lake	4 Early Dismissal 4:45pm BB-G/JV Okobojo 4:45pm BB-B/JV Okobojo 6:15pm BB-G/Varsity Okobojo 7:45pm BB-B/Varsity Okobojo	5 10:30am WR-Varsity MOC-Floyd Valley vs. Multiple Schools 7:30pm Jazz Band Dance
	6	7 BB-7th (Cancelled) BB-8th (Cancelled) 4:45pm WR-JV MOC-Floyd Valley vs. Multiple Schools 6:00pm BB-G/9th Unity Christian 7:15pm BB-B/9th Unity Christian	8	9 BB-7th (Cancelled) BB-8th (Cancelled) 6:15pm WR-Varsity Central Lyon / GLR vs. Multiple Schools 6:15pm WR-Varsity Central Lyon / GLR vs. Multiple Schools	10	11 1:15pm Early Dismissal 4:45pm BB-G/JV Sibley-Ocheyedan 4:45pm BB-B/JV Sibley-Ocheyedan 6:15pm BB-G/Varsity Sibley-Ocheyedan 7:45pm BB-B/Varsity Sibley-Ocheyedan
	13	14 4:15pm BB-B/7th LeMars Middle 4:15pm BB-B/8th LeMars Middle 5:00pm WR-JV Sergeant Bluff-Luton 7:00pm - High School Holiday Concert @ HS new gym	15	16 4:00pm BB-B/7th Sergeant Bluff-Luton Middle 4:15pm BB-B/8th Sergeant Bluff-Luton Middle 6:00pm BB-G/9th Sioux Center 6:00pm WR-Varsity Sibley-Ocheyedan 6:00pm WR-JV Sibley-Ocheyedan 6:00pm WR-Varsity MOC-Floyd Valley vs. Multiple Schools 6:00pm WR-JV MOC-Floyd Valley vs. Multiple Schools 7:15pm BB-B/9th Sioux Center	17	18 MS GBB Practice Begins- Early Dismissal 4:45pm BB-G/JV Central Lyon 4:45pm BB-B/JV Central Lyon 6:15pm BB-G/Varsity Central Lyon 7:45pm BB-B/Varsity Central Lyon
	20	21 4:15pm BB-B/8th Sioux Center 4:15pm BB-B/7th Sioux Center 6:00pm BB-G/9th Western Christian 7:15pm BB-B/9th Western Christian	22 End of 2nd Qtr- 4:15pm BB-B/7th Sheldon 4:15pm BB-B/8th Sheldon 4:45pm BB-B/JV West Lyon 4:45pm BB-G/JV West Lyon 6:00pm WR-JV Sioux Central vs. Multiple Schools 6:00pm WR-Varsity Sioux Central vs. Multiple Schools 6:15pm BB-G/Varsity West Lyon 7:45pm BB-B/Varsity West Lyon	23 No School-	24	25
	27	28	29	30	31	
WINTER BREAK						
WINTER BREAK						

MOC-Floyd Valley Breakfast Menu - December 2020



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast is served each school day, in all buildings.</p>	<p>1 French Toast Fruit Juice Milk</p> <p>Cereal (MS, HS)</p>	<p>2 Toast/Jelly Eggs Fruit Juice Milk</p> <p>Cereal (MS, HS) Cereal (MS, HS)</p>	<p>3 Breakfast Pizza Fruit Juice Milk</p> <p>Cereal (MS, HS) Cereal (MS, HS)</p>	<p>4 Cini Minis Fruit Juice Milk</p> <p>Cereal (MS, HS) Cereal (MS, HS)</p>
<p>7 Cereal Fruit Juice Milk</p> <p>Breakfast Sliders (MS, HS)</p>	<p>8 Waffles Fruit Juice Milk</p> <p>Cereal (MS, HS)</p>	<p>9 Toast w/Jelly Eggs Fruit Juice Milk</p> <p>Cereal (MS, HS)</p>	<p>10 Breakfast Pizza Fruit Juice Milk</p> <p>Cereal (MS, HS)</p>	<p>11 Muffins Fruit Juice Milk</p> <p>Cereal (MS, HS)</p>
<p>14 Breakfast Sliders Fruit Juice Milk</p> <p>Cereal (MS, HS)</p>	<p>15 Pancakes Fruit Juice Milk</p> <p>Cereal (MS, HS)</p>	<p>16 Toast/Jelly Eggs Fruit Juice Milk</p> <p>Cereal (MS, HS)</p>	<p>17 Breakfast Pizza Fruit Juice Milk</p> <p>Cereal (MS, HS)</p>	<p>18 Donuts Fruit Juice Milk</p> <p>Cereal (MS, HS)</p>
<p>21 Cereal Fruit Juice Milk</p>	<p>22 French Toast Fruit Juice Milk</p>	<p>23 No School</p>	<p>24 No School</p>	<p>25 No School</p> <p>Winter Break</p> 
<p>28 No School</p>	<p>29 No School</p>	<p>30 No School</p>	<p>31 No School</p>	

MOC-Floyd Valley Lunch Menu - December 2020



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Pizza Garlic Twist/Marinara Sauce Mixed Veggies Bananas Milk	2 Tacos Lettuce/Cheese Baked Beans Chips and Salsa (HS) Pears Milk	3 Italian Dunkers Meat Sauce Broccoli Fruit Milk	4 Popcorn Chicken/BBQ Potato Smiles Green Beans Oranges Dinner Roll Milk
7 Chicken Quesadilla/ Salsa Spinach Salad/Dressing Strawberries Milk	8 Mr. Rib on a Bun Confetti Fries/Ketchup Baked Beans Fruit Milk	9 Chicken Tenders/ Ketchup Mashed Potatoes/ Gravy Carrots Dinner Roll Fruit Choc Chip Cookie Milk	10 French Toast Sticks Sausage Potato Wedges/Ketchup Fruit Punch Baked Apples Milk	11 Orange Chicken Brown Rice Egg Roll Stir Fry Veggies Fruit Milk
14 Nachos/Ground Beef Cheese Sauce Lettuce/Tomatoes Fiesta Beans Carrots Fruit Milk	15 Italian Pasta Broccoli Garlic Toast Fruit Milk	16 Ham Mashed Potatoes/ Gravy Corn Dinner Roll Fruit Ice Cream Treat Milk	17 Pizza Garlic Twist/Marinara Lettuce/Ranch Bananas Milk	18 Egg/Sausage/Cheese Breakfast Sandwich Broccoli Hash Brown Potato Fruit Juice Milk
21 Creamed Chicken on a Bun Green Beans Strawberries Choc Chip Cookie Milk	22 Italian Dunkers Meat Sauce Carrots Fruit Milk	23 No School	24 No School	25 No School
28 No School	29 No School	30 No School	31 No School	

If you would like the calorie/allergen list emailed to you, please contact Stephanie Pottebaum at spottebaum@mocfv.org.

Click this link for allergen and carb info: <http://bit.ly/mocfv-newsletter>

This institution is an equal opportunity provider and employer.