MOC-Floyd Valley Community School District



Dutch Dialog

May 2022



Strive for Excellence

Administration

- Russ Adams
 Superintendent
 737-4873
- Mike Mulder
 High School Principal
 737-4871
- Mark Gunderson
 Athletic Director
 737-4871
- Cam Smith
 Middle School Principal
 756-4128
- Mike Landhuis
 OC Elementary Principal
 737-4606
- Marcia De Graaf
 Hospers Elem Principal
 752-8480

From the Superintendent...Russ Adams

Loving, Productive Struggle – We are on the Right Track!

Anyone fortunate enough to be a parent, knows that one of the most difficult things to do is watch your children struggle. Our instincts tell us that we need to protect them from pain because we love them. In some cases, that is true, but in many others, we could be short-circuiting their learning and not allowing them to develop the coping/life skills they need.

During a past trip, my wife and I were waiting to board a plane in San Diego. While sitting in the terminal, we noticed a fit, young man sitting across from us in the terminal. He had an Ironman Triathlon bag and fresh racing numbers on his hand and arm. He also had a service dog with him. He was clearly an athlete – and he was clearly vision-impaired. As fate would have it, when we loaded the plane, I had the good fortune to sit next to this young man – Kyle Coon – and he was able to share his story with me while we flew to Denver.

When Kyle was 10 months old, he was diagnosed with bilateral sporadic retinoblastoma, a form of cancer in both eyes. He underwent multiple treatments, but by the time he was 6 years old, both eyes had to be removed. Since then, he has excelled in many things. He was a college wrestler, and an avid skier and an accomplished rock climber. Currently, he is a resident-athlete at the Olympic Training Center in Colorado Springs, CO. He is a world-class athlete who is training hard,

Kyle credits his tenacity, drive, and grit to the way his parents raised him. He said that their constant encouragement and support were amazing. The greatest gift they gave him was the will to test his limits and persist! In a nutshell, they were masters of creating productive struggle for Kyle. He knows they were tempted to make accommodations for him to make his life easier, and he is thankful that they resisted that temptation. They supported and encouraged him, and just as importantly, they allowed him to fall and fail along the way so that he could overcome short-term setbacks to become the resilient young man that he is.

This is a lesson that we can all learn as we strive to do what is best for our children and our students. May we all love them enough to encourage and support them while we let them fall and fail – and eventually get up and succeed!

It is the policy of the MOC-Floyd Valley Community School District not to illegally discriminate on the basis of race, color, national origin, sex, disability, religion, creed, age (for employment), marital status (for programs), sexual orientation, gender identity and socioeconomic status (for programs) in its educational programs and its employment practices. There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to this policy please contact the district's Equity Coordinator, Russ Adams, Superintendent, 709 8th St SE, Orange City, IA 51041.

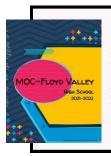
Friday Dismissals

School will be dismissed two hours early (1:15pm) on Fridays - for staff development.

In the unlikely event that we have a weather-related late start on one of the scheduled professional development Fridays, we will cancel the early dismissal and attend until our regular 3:15 p.m. dismissal time.

Tulip Festival Dismissal

School will dismiss at 11:15 a.m. on Thursday, May 19th for all students. There will be NO SCHOOL on Friday, May 20th.



Memory Books

Memory books are now on sale. Cost is \$45 and orders are due June 10. If you would like to purchase a memory book for the 2021-22 school year, there is a link on the school homepage, or click on the link below:

Last day of School!

The last day of school for students, for the 2021-2022 school year, is Wednesday, May 25th. School will dismiss at 1:15 p.m.

Senior Class Information

Parents and Seniors:

We are working hard to ensure that you, and your senior, will enjoy a memorable next few weeks at MOC-Floyd Valley.

As we move closer to the end of the school year, caps and tassels are being packaged, the Awards Day Ceremony is being prepared, and graduation details are being finalized.

Please keep the following dates in mind:

Senior Awards Day - HS new gym - Friday, May 13, at 9:00 a.m. - Parents are welcome to attend.

Baccalaureate is scheduled for Sunday, May 15, at 4:00 p.m., and will be held at the First Reformed Church in Orange City. Seniors are asked to gather at 3:45 p.m. in the church fellowship hall.

**Seniors are encouraged to attend, but not required to. Graduation caps and gowns will not be worn to this event.

Last school day for seniors – Monday, May 16.

Senior packets will be given to seniors after they have checked out with the office.

Graduation practice is on Tuesday, May 24, at 8:00 a.m., in the new gym. Please be on time. Seniors will go to the choir room to receive their gowns after graduation practice.

Graduation will be held at the MOC-Floyd Valley high school new gym on Sunday, May 29, at 2:00 p.m. Your senior will receive a detailed information sheet when seniors check out on May 16.

Caps, tassels and gowns are provided by the school. You won't have to purchase any of these items.

If you are interested in graduation announcements, you may contact Jostens at www.jostens.com or call 515-332-2531 for our local Jostens representative.

- *Senior students and parents please let Mr. McDonald know of any college, or outside scholarships, that have been received in order for students to be acknowledged at the Senior Awards Day.
- *Final MOC-FV transcripts will be sent to each student's chosen college in late May, or early June, after all grades are finalized.

MOC-Floyd Valley Community School District—2022-2023 Calendar

First Day = August 23 Last Day = May 23

Summary of Calendar: Days in classroom: First Semester . . . 83 days Second Semester . . . 98 days TOTAL DAYS/HRS . . . 179/1121

CALENDAR LEGEND

Start/End
1:15 PD Dismissal
11:15 Dismissal
Holidays
Vacation Days
Prof Dev Days

Professional Development

Full Days:
August 17, 18, 19*, 22
October 28
January 3
February 20*
May 24

1:15 Dismissals Teacher Planning and Collaboration Time

- Every Friday (August May)
- Last Day of School

Contractual Holidays

Labor Day (9/5) Thanksgiving Day (11/25) Christmas Day (12/25) New Year's Day (1/1) Memorial Day (5/29)

Snow Days

#1 = May 24 #2 = May 25

#3 = Feb 20

#4 = May 26

#5 = Apr 10

#6 = May 30

#7 = May 31 etc . . .

Dead Week

July 25 - August 1

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May/June 01 02 03 04 05 168 08 09 10 11 12 173 15 16 17 18 19 177

Date Aug 15, 16 Aug 17-22 Aug 19 Aug 23	Events New Teacher In-Service Pre-School Workshop (am on-site/pm choice) Begin 1st Semester
Sept 5 Sept 22	Labor Day (No School) Mid-Term 1st Qtr. (22 days)
Oct 20 Oct 24 Oct 27	End 1st Qtr. (42 days) P-T Conf (4:00 – 8:00) ES P-T Conf (4:00 – 8:00) All
Nov 1 Nov 8 Nov 4 Nov 22 Nov 24 Nov 23-25	P-T Conf. (4:00 – 8:00) MS/HS Election Day No School (Teacher Comp day) Mid-Term 2nd Qtr (22days) Thanksgiving Day Thanksgiving Break (No School)
Dec 22 Dec 25 Dec 23-Jan 3	End 2 nd Qtr (41) & 1 st Sem (84) Christmas Winter Break
Jan 1 Jan 3 Jan 4	New Year's Day (No School) Teacher In-service Day Begin 2 nd Sem
Feb 3 Feb 20	Mid-Term Qtr 3 (23 days) *Teacher In-Service Day Presidents' Day
Mar 10 Mar 18 Mar 20 Mar 21 Mar 24	End 3rd Qtr. (47 days) P-T Conf. (4:00 – 8:00) MS/HS P-T Conf. (4:00 – 8:00) Elem P-T Conf. (4:00 – 8:00) All No School (Teacher Comp day)
Apr 7 Apr 10 Apr 14 Apr 28 Apr 29	Spring Break (No School) *Spring Break (No School) Mid-Term Qtr. 4 (23 days) 1:15 Dismissal (Service Day) Jr. Sr. Prom
May 15 May 18 May 19 May 23 May 24 May 28 May 29	Last day for seniors 11:15 Dismissal (Tulip Festival) No School (Tulip Festival) End 4th Qtr (26) & 2nd Sem. (96) Teacher In-service Day Commencement Memorial Day

180 Day/1080 Hours Calendar

SCHOOL HEALTH NEWS: *Ashley Van Voorst, RN - SCHOOL NURSE*

May is National Allergy and Asthma Awareness Month

Asthma/Allergy Action Plans: It's now peak season for allergy and asthma sufferers, and a perfect time to recognize the causes of asthma and allergies to best prevent and treat attacks. Make sure the school nurse, your child's teachers, and coaches are aware of your child's asthma so they can provide the necessary help. A Seasonal Allergy and Asthma Action Plan is important to review and update with your health care provider, and a copy should be on file at school, as well as a rescue inhaler. Learn what your child's triggers are – pollen, grass, molds, temperature changes, exercise, smoke, perfume, pesticides? Please let ME know. Children deserve allergy and asthma friendly homes and schools. For more helpful information check out - https://www.foodallergy.org/resources/parents for food allergies and https://www.lung.org for more information about dealing with asthma at school.

Spring Cleaning: In addition to your regular spring cleaning chores, consider adding some that will make your home a little safer for your kids, such as cleaning out your medicine cabinet, checking product recalls, and looking for broken toys, etc.

Medications at School: Please remember to pick up all student medications from the nurse's office, as they will be discarded on the last day of school. This includes: epi-pens, inhalers, over the counter medications, and prescription medications.

Sun Safety: Remember, the sun's rays are strongest between the hours of 10:00 a.m. and 4:00 p.m. Use SPF 15 or higher, even on cloudy days. It is important to get a healthy dose of sunshine each day.

A general reminder about head lice: This can happen to anyone, it's not uncommon. Most head lice are transmitted from head to head contact. Head lice are a nuisance, yes, but do not carry disease or signify uncleanliness. Check your children regularly and if head lice are found, consult a health care provider regarding treatment options. Follow package directions and comb out lice and nits thoroughly for 14 days. While this is a time consuming task, it is also very effective at preventing repeat cycles. Clean all items that may have been in contact with your children's head (combs, brushes, linens, stuffed animals). Let your children's close friends and parents know, so they can check regularly, as well. Report all cases to the school nurse, and with your permission, I will re-check your child when they return to school. I also have informative handouts on how to get rid of head lice!

**New Immunization Requirements!!! - Check with your health care provider to make sure you are properly immunized, especially children entering Kindergarten, 7th grade, and 12th grade.



Vocal Music News! Vocal Music News!! Vocal Music News!!!

Awards Concert - Tuesday, May 3rd

Orchestra Concert: 7:00 p.m. (Performing Arts Center) Choir Concert: 7:45 p.m. (Auditorium) Band Concert: 8:30 p.m. (Performing Arts Center)

Please join us as we celebrate a great year of music and honor many students throughout all three departments!!

MOC-Floyd Valley High School - Class of 2022

Carter Aalbers Nathan Recker Makya Harding Tyler Aberson Karlton Reuter Jayden Harpenau Major Adams Otto Reyna Grace Harper Ellie Albers **Emily Haverdink**

Jackson Riemersma Jordan Allen Hector Hermosillo **Emily Ritz** Skyler Andresen Jeison Hernandez Justin Rodriguez Maren Beaty Maren Hettinga Donovan Schuiteman Blake Schwebach Connor Beltman Teygan Hiemstra Chloe Bilby Kendra Hinrichsen Dyllon Segelke Tristan Blom Jack Huang Nathanul Senn

Jordan Sickelka Tyson Blom Hannah Hulstein Cate Hummel Carlin Smith AJ Bomgaars Gavin Huss Carter Solsma Micah Bonestroo Luke Jeltema Michael Sullivan Paige Brennan Gilberto Briones-Muñoz Brandon Keunen

Luke Tapper Maria del Carmen Briones-Muñoz Jonathan Lalk Soraya Torres Josiah Bundt Mari Langton Ignacio Trejo Erik Tweet Brooklyn Leusink

Giovanni Burd Bennett Calsbeek Jackson Vaas Noah Louwagie Kate Van Der Werff Brayden Christoffel Levi Maasdam

Dejah Coe Samantha Marquez Autumn Van Donkelaar Cadence De Jong Victoria Mata Caylee Van Donkelaar Kyle Diehl Samuel May Tyler Van Ravenswaay Daniel Mirande Zoe Ditsworth Ginger Van Roekel

Deirdre Moffitt Sydney Dorn Reese Van Zee

Victorina Vasquez Bravo Estella Moffitt Ava Dravland

Adriana Espinoza Abbie Mouw Caden Vellinga Alexis Eveland Lawson Nemeth Kyle Walding Anna Evink Darren Nicholson Addison Wierda Fabian Nuno Caden Wiersma Akeyma Fedders

Cambri Fleming Andrew Oldenkamp Jacob Wilson Kollin Frederes Katelyn Plendl Hannah Wiltgen Claire Yaw Dominick Godsey **Brady Pottebaum** Allison Probst Maria Yin

Avriel Punt Emily Haack Sydney Zeutenhorst Abbie Hansen Traci Ranschau Vanessa Zheng

> Graduation will be held on Sunday, May 29 - 2:00 p.m. **MOC-Floyd Valley High School New Gym**

Trinity Goebel





May 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	BB-SB Practice Begins 4:30pm TR-G/Varsity Bishop Heelan 4:30pm TR-B/Varsity Bishop Heelan 4:30pm Soccer-B/JV-V Sheldon / Sibley- Ocheyedan 4:30pm GO-B/Varsity George-Little Rock vs. Conference 5:00pm Soccer-G/JV-V Sheldon / Sibley- Ocheyedan 5:00pm TR-B/Varsity Storm Lake 5:00pm TR-G/Varsity Storm Lake	4:30pm TR-MS Central Lyon 7:00pm Awards Concert	4	Professional Development 4:00pm TR-MS Le Mars Middle 4:30pm TR-B/Varsity Sioux Center vs. Conference 4:30pm Soccer-B/JV-V Western Christian 4:30pm TR-G/Varsity Sioux Center vs. Conference 4:30pm GO-B/Varsity Sioux Center vs. Conference 4:30pm GO-G/Varsity Soyden-Hull vs. Conference 5:00pm Soccer-G/JV-V Western Christian	1HSMA Large Group Music Contest 1:15pm Early Dismissal 4:30pm TR-MS Okoboji vs. Multiple Schools	7 6:30pm High School Athletic Banquet @ HS New Gym
8	9 MS BSB & SB Practice Begins 4:30pm GO-G/Varsity Sheldon vs. Conference 4:30pm GO-B/Varsity Okoboji vs. Conference 5:00pm Soccer-G/JV-V Spencer 5:00pm Soccer-B/JV-V Spencer	4:30pm Soccer-G/JV-V Sheldon / Sibley- Ocheyedan 4:30pm GO-G/Varsity Conference 5:00pm Soccer-B/JV-V Sheldon / Sibley- Ocheyedan 7:00pm Middle School Choir & Orchestra Concert @ Middle School	11 10:00am GO-B/Varsity TBA	12 5th Grade Des Moines Trip 4:00pm TR-G/Varsity LeMars 4:00pm TR-B/Varsity LeMars	13 9:00am Senior Awards 9:00am Senior Awards Celebration @ HS New Gym 1:15pm Early Dismissal	14
15	16 TBD GO-B/Varsity TBA 5:00pm Soccer-G/JV-V Sioux Center 5:00pm Soccer-B/JV-V Sioux Center 7:00pm Kindergarten Program	17	TBD GO-G/Varsity TBA TBD Soccer-G/JV-V TBA	TBD Soccer-B/JV-V TBA Bump Up Day/Kindergarten Visit Day TBD TR-G/Varsity TBD TBD TR-B/Varsity TBD TBD TR-B/Varsity TBD	TBD Soccer-G/JV-V TBA No School TBD TR-G/Varsity TBD TBD TR-B/Varsity TBD TUlip Festival	TBD TR-G/Varsity TBD TBD TR-B/Varsity TBD
22	TBD GO-B/Varsity TBA TBD Soccer-B/JV-V TBA 3:45pm BSB-9th Okoboji 5:30pm BSB-JV Okoboji 7:00pm 5th Grade Band, Chorus, Orch Concert @ Orange City Elementary 7:30pm BSB-Varsity Okoboji	TBD Soccer-G/JV-V TBA TBD GO-B/Varsity TBA 3:45pm SB-9th Sioux Center 3:45pm BSB-9th Central Lyon 5:30pm BSB-JV Central Lyon 5:30pm SB-JV Sioux Center 7:00pm SB-Varsity Sioux Center 7:30pm BSB-Varsity Central Lyon	25 TBD Soccer-B/JV-V TBA 1:15pm End of 4th Qtr 3:45pm SB-9th West Lyon 5:30pm SB-JV West Lyon 7:30pm SB-JV West Lyon 7:00pm SB-Varsity West Lyon 7:30pm BSB-Varsity West Lyon Last day of school! 1:15p.m. dismissal	26 TBD GO-G/Varsity TBA 3:45pm SB-9th Storm Lake 5:30pm SB-JV Storm Lake 7:00pm SB-Varsity Storm Lake	TBD GO-G/Varsity TBA	TBD SB-Varsity Bishop Heelan 10:00am BSB-Varsity Akron-Westfield vs. Multiple Schools
29 2:00pm Commencement @ HS New Gym	SB 3V (Concelled)	9:30am BSB-MS Sheldon 9:30am SB-MS Sheldon 9:30am SB-MS Sheldon 5:15pm BSB-JV Estherville / Lincoln Central 5:30pm SB-JV Spirit Lake 7:00pm SB-Varsity Spirit Lake 7:15pm BSB-Varsity Estherville / Lincoln Central		8	May	

Calendar subject to change. For a complete list of school events and up-to-date information, please visit our website at www.mocfv.org.

MOC-Floyd Valley Lunch Menu - May 2022



Monday	Tuesday	Wednesday	Thursday	Friday
2 Hot Dog on a Bun Potato Wedges/ Ketchup Broccoli Fruit Choc. Chip Cookie Milk	3 Pizza Boat/Marinara Mixed Veggies Peaches Milk	4 Taquitos/Cheese Sauce Potato Gems Corn Fruit Milk	5 BBQ on a Bun Curly Fries/Ketchup Baked Beans Fruit Side Kick Fruit Slush Milk	6 Ham & Cheese Sand- wich Carrots/Ranch Dip Apple Sun Chips Milk
9 Hamburger on a Bun Cheese/Lettuce/ Tomato Confetti Fries/ Ketchup Grapes Milk	10 Taco in a Bag Lettuce/Cheese/ Salsa Refried Beans Pineapple Tidbits Churro Milk	11 Cook's Choice	12 Assorted Chicken/ Dipping Sauce Smile Fries Broccoli Garlic Toast Mandarin Oranges Milk	13 Grilled Cheese Potato Gems/Ketchup Carrots Fruit Milk
16 Chicken Patty on a Bun Lettuce/Mayo Potato Wedges/ Ketchup Carrots Fruit Cookie Milk	17 Pizza Breadstick/Marinara Mixed Vegetables Bananas Milk	18 Cook's Choice	19 Early Dismissal No Hot Lunch Served	20 No School
23 Chicken Quesadilla/ Salsa Spinach Salad/ Dressing Corn Graham Snacks Fruit Milk	24 Mr. Rib on a Bun/ BBQ Sauce Confetti Fries/ Ketchup Baked Beans Fruit Milk	Cook's Choice Last Day!	26	27
30	31			

If you would like the calorie/allergen list emailed to you, please contact Stephanie Pottebaum at spottebaum@mocfv.org.

Click this link for allergen and carb info: http://bit.ly/mocfv-newsletter

This institution is an equal opportunity provider and employer.

Menu is subject to change without prior notice due to supply chain interruptions.

MOC-Floyd Valley Breakfast Menu - May 2022



Monday	Tuesday	Wednesday	Thursday	Friday
2 Cereal Yogurt Fruit Juice Milk Nutrigrain Bar	3 French Toast/Syrup Fruit Juice Milk	4 Toast/Jelly Eggs Fruit Juice Milk	5 Breakfast Pizza Bagel Fruit Juice Milk	6 Muffins Fruit Juice Milk
(MS, HS)	Cereal (MS, HS)	Cereal (MS, HS)	Cereal (MS, HS)	Cereal (MS, HS)
9 Cereal Yogurt Fruit Juice Milk	10 Pancakes/Syrup Fruit Juice Milk	11 Toast/Jelly Eggs Fruit Juice Milk	12 Breakfast Pizza Bagel Fruit Juice Milk	13 Donuts Fruit Juice Milk
Nutrigrain Bar (MS, HS)	Cereal (MS, HS)	Cereal (MS, HS)	Cereal (MS, HS)	Cereal (MS, HS)
16 Cereal Yogurt Fruit Juice Milk	17 Waffles/Syrup Fruit Juice Milk	18 Toast/Jelly Eggs Fruit Juice Milk	19 Breakfast Pizza Bagel Fruit Juice Milk	20 No School
Nutrigrain Bar (MS, HS)	Cereal (MS, HS)	Cereal (MS, HS)	Cereal (MS, HS)	
23 Cook's Choice	24 Cook's Choice	25 Cook's Choice	26	27
		Last Day!		
30	31			

WE SERVE BREAKFAST EVERY MORNING DURING THE SCHOOL WEEK.

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