
MOC-Floyd Valley Community School District



Fostering learning, excellence and civic responsibility!

Dutch Dialog

December 2022



Strive for Excellence

Administration

- Russ Adams
Superintendent
737-4873
- Mike Mulder
High School Principal
737-4871
- Grant Hegstad
Asst. H.S. Principal
737-4871
- Mark Gunderson
Athletic Director
737-4871
- Chris Yaw
Middle School Principal
756-4128
- Mike Landhuis
OC Elementary Principal
737-4606
- Marcia De Graaf
Hospers Elem Principal
752-8480

Happy Holidays



It is the policy of the MOC-Floyd Valley Community School District not to illegally discriminate on the basis of race, color, national origin, sex, disability, religion, creed, age (for employment), marital status (for programs), sexual orientation, gender identity and socioeconomic status (for programs) in its educational programs and its employment practices. There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to this policy please contact the district's Equity Coordinator, Russ Adams, Superintendent, 709 8th St SE, Orange City, IA 51041 712-737-4873, radams@mocfv.org

Friday Dismissals

School will be dismissed two hours early (1:15pm) on Fridays - for staff development.

In the unlikely event that we have a weather-related late start on one of the scheduled professional development Fridays, we will cancel the early dismissal and attend until our regular 3:15 p.m. dismissal time.

Receiving Weather Alerts and Informational Messages from the MOC-Floyd Valley School District

Signing up for weather alerts and informational school messages is easy. Infinite Campus is the source of this messaging system.

To choose how you would prefer to receive these messages, sign into your parent portal account, located on our school website homepage, and click on "Receive alerts". If you do not have a parent portal account and would like to have one created for you, or just need assistance, please contact one of the people listed below.

Cathy Van Es, cvanes@mocfv.org, 712-737-4606

Ryan Noteboom, rnoteboom@mocfv.org, 712-737-8197 x3007

Aaron Norman, anorman@mocfv.org, 712-737-8197 x3008



Inclement Weather and School Cancellation Information

Several sources will be used when making the decision to close school including personal checks of the roads, conversations with neighboring school districts and county personnel.

Infinite Campus alerts are the first line of communication. MOC-Floyd Valley also notifies KSOU (1090 AM, 93.9 FM), KIWA (1550 AM, 105.5 FM), KDCR (88.5 FM), as well as TV stations KMEG, KTIV and KCAU. Every attempt will be made to have late start or school cancellation announcements posted to the media by 6:30 a.m.

If school starts late, all before-school activities will be cancelled, there will be no AM Transitional Kindergarten, and breakfast will not be served. If school is called off at mid-day and the weather clears up later in the day, we may attempt to hold scheduled events. If this happens, information will be announced on the radio and TV stations listed above, and posted on the district social media accounts.

If school is dismissed early during the day, someone will remain at the central office until all buses have checked in to make sure everyone is accounted for. MOC-Floyd Valley buses have two-way radios for effective communication between drivers and all school buildings.

Note: If school starts late on a Friday (due to weather) with a scheduled early dismissal of 1:15 p.m., dismissal time will be 3:15 p.m.

WINTER VACATION

School will dismiss at regular dismissal times on December 22nd.

Winter Vacation begins December 23rd-January 3rd, with regular classes resuming Wednesday, January 4th.



SCHOOL HEALTH NEWS

* Ashley Van Voorst, RN - SCHOOL NURSE *

The 5 MUSTS during this Holiday Season

1. Wash your hands
2. Get your flu shot
3. Eat healthy foods
4. Get enough rest
5. If you get sick, stay home

Influenza has arrived in Iowa. Influenza is not the same as the stomach (gastrointestinal) flu. Confirmed cases of influenza are still very low, but use the 5 MUSTS to keep bugs from spreading this holiday season.

Be Aware of these Common Flu (Influenza) Symptoms

- Fever: fever is usually present in up to 80% of flu cases. A temperature of 100 degrees, or higher, for three or four days is common. **REMEMBER - your child must be fever free for 24 hours, without the use of Tylenol or Ibuprofen, before returning to school.**
- Headache, body aches, or chills are common with the flu
- Fatigue: fatigue is moderate to severe with the flu. Adequate rest will help your body fight off the bug.
- Cough: A non-productive (no mucous) cough is usually present with the flu

Note: a stuffy nose and sore throat are not commonly present when you have the flu. These can be caused by other viruses.

Reminders:

*All ninth grade students need to have a dental screening and a Certificate of Dental Screening form sent to the school nurse by December 1, 2022. You will be getting a reminder in the mail if your child still needs this requirement.

*Flu Vaccine: It is not too late to get your flu vaccine. Make an appointment with your clinic or attend a Community Health Partners vaccine clinic.

Head Lice

Head lice is very common in every school, every year. Lice are not picky and it doesn't matter how clean, dirty, rich, or poor the place or person is. I tell all parents: EXPECT that there is head lice in the school year round and check your child regularly. If your child does have lice, inform the school nurse and use a lice shampoo or a treatment kit right away. Here is a great resource to educate yourself on head lice! <https://healthychildren.org/English/health-issues/conditions/from-insects-animals/Pages/Signs-of-Lice.aspx>

VOCAL MUSIC NEWS! VOCAL MUSIC NEWS!! VOCAL MUSIC NEWS!!!

Mr. Balt, MOC-FV High School Choral Director

Holiday Music Concert

Holiday Concert: Our next concert for the school year will be on **Monday, December 12, 2022 (corrected date)** at 7:00 p.m. at Northwestern College's Christ Chapel. All choirs need to wear an all black dressy top, and an all black dressy/professional bottom, and black shoes. There will be no robes worn at this concert. Please consult the MOC-FV High School Choirs Handbook that was emailed to you through Infinite Campus back in August for specific guidelines and policies in regards to attire. Each choir will also go through the attire expectations during class. All seating at Christ Chapel is general admission, and Fine Arts passes will be accepted. Admission is \$6 per person.

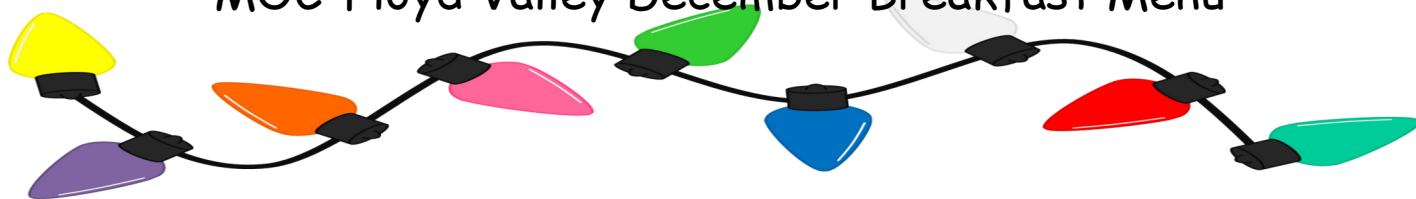
Disney's *The Little Mermaid* - Thank you to all the volunteers and work that went into our production of Disney's *The Little Mermaid*! You are all SO spectacular! We performed the musical for over 1,400 spectators! That is incredible! We are so proud of all of you!



December 2022

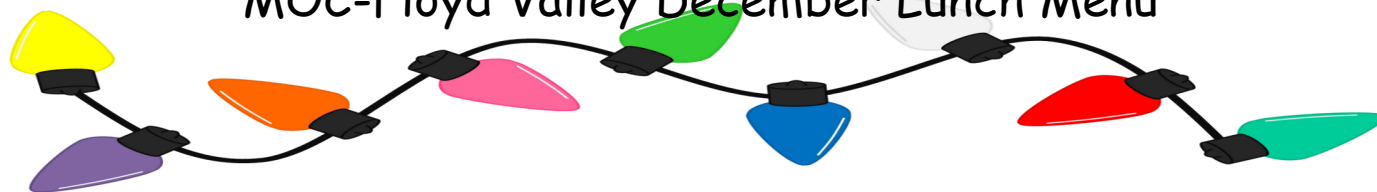
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>December EVENTS</div>				1 4:15pm BB-B/7th Sioux Center 4:15pm BB-B/8th Sioux Center 4:30pm BB-B/JV Spirit Lake 4:30pm BB-G/JV Spirit Lake 6:00pm BB-G/Varsity Spirit Lake 7:30pm BB-B/Varsity Spirit Lake	2 1:15pm Early Dismissal 4:15pm WR-G/MS Okoboji 4:30pm BB-G/9th Boyden-Hull 4:30pm BB-B/9th Boyden-Hull 5:00pm WR-G/JV-V Okoboji 6:00pm BB-G/Varsity Boyden-Hull 7:30pm BB-B/Varsity Boyden-Hull	3 9:00am Robotics Competition 9:00am Quiz Bowl at Sp. Lake 10:30am WR-Varsity MOC-Floyd Valley vs. Multiple Schools
4 4:15pm BB-B/7th Sheldon 4:15pm BB-B/8th Sheldon 4:45pm WR-JV MOC-Floyd Valley vs. Multiple Schools 5:00pm WR-G/JV-V Sergeant Bluff-Luton 5:00pm WR-G/MS Sergeant Bluff-Luton 6:00pm BB-B/9th Unity Christian 7:15pm BB-B/9th Unity Christian	5 4:30pm BB-B/JV Central Lyon 4:30pm BB-G/JV Central Lyon 5:45pm BB-B/9th Central Lyon 6:00pm BB-G/Varsity Central Lyon 7:30pm BB-B/Varsity Central Lyon	6	7 4:15pm BB-B/7th Rock Valley 4:15pm BB-B/8th Rock Valley 6:00pm WR-G/JV-V MOC-Floyd Valley vs. Multiple Schools 6:00pm WR-Varsity MOC-Floyd Valley vs. Multiple Schools 6:15pm WR-JV MOC-Floyd Valley vs. Multiple Schools	8 1:15pm Early Dismissal 4:30pm BB-G/JV West Lyon 4:30pm BB-B/JV West Lyon 6:00pm BB-G/Varsity West Lyon 7:30pm BB-B/Varsity West Lyon	9 8:30am Quiz Bowl at Unity 9:00am Robotics Competition 10:30am WR-Varsity Sibley-Ocheyedan	
11 4:15pm BB-B/7th LeMars Middle 4:15pm BB-B/8th LeMars Middle 5:00pm WR-JV Sergeant Bluff-Luton 7:00pm HS Holiday Music Concert @ NWC Christ Chapel	12 4:30pm BB-G/JV Sioux Center 4:30pm BB-B/JV Sioux Center 6:00pm BB-G/Varsity Sioux Center 7:00pm MS Holiday Concert @ NWC Christ Chapel 7:30pm BB-B/Varsity Sioux Center	13	14 4:00pm BB-B/7th Sergeant Bluff-Luton Middle 4:00pm BB-B/8th Sergeant Bluff-Luton Middle 6:00pm BB-G/9th Sioux Center 6:00pm WR-JV Sibley-Ocheyedan 6:00pm WR-Varsity Storm Lake vs. Multiple Schools 6:00pm WR-JV Storm Lake vs. Multiple Schools 7:15pm BB-B/9th Sioux Center	15 MS GBB Practice Begins 1:15pm Early Dismissal 4:30pm BB-G/JV Sibley-Ocheyedan 4:30pm BB-B/JV Sibley-Ocheyedan 5:00pm WR-G/JV-V Spencer 6:00pm BB-G/Varsity Sibley-Ocheyedan 7:30pm BB-B/Varsity Sibley-Ocheyedan	16 9:00am Robotics Competition 10:00am WR-Varsity Cherokee	
18 TBD BB-B/9th Western Christian 4:15pm WR-G/MS Spirit Lake 6:00pm BB-B/9th Western Christian	19 4:30pm BB-B/9th George-Little Rock 6:00pm WR-Varsity Sioux Central vs. Multiple Schools 6:00pm BB-B/9th George-Little Rock 6:00pm WR-JV Sioux Central vs. Multiple Schools 7:30pm BB-B/Varsity George-Little Rock	20	21 End of 2nd Qtr 4:30pm BB-G/JV Rock Valley 4:30pm BB-B/JV Rock Valley 5:45pm BB-B/9th Rock Valley 6:00pm BB-G/Varsity Rock Valley 7:30pm BB-B/Varsity Rock Valley	22 No School	23 WINTER BREAK	
25 WINTER BREAK	26 WINTER BREAK	27 WINTER BREAK	28 WINTER BREAK	29 WINTER BREAK	30 Winter Break 	31 Classes Resume Wednesday, Jan. 4, 2023

MOC-Floyd Valley December Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
			1 Breakfast Pizza Fruit Juice Milk Cereal (MS, HS)	2 Cinni Minis Fruit Juice Milk Cereal (MS, HS)
5 Cereal Yogurt Fruit Juice Milk Mini Bagels (MS, HS)	6 French Toast/Syrup Fruit Juice Milk Cereal (MS, HS)	7 Eggs Sausage Patty Fruit Juice Milk Cereal (MS, HS)	8 Breakfast Pizza Fruit Juice Milk Cereal (MS, HS)	9 Muffins Fruit Juice Milk Cereal (MS, HS)
12 Cereal Yogurt Fruit Juice Milk Mini Bagels (MS, HS)	13 Waffles/Syrup Fruit Juice Milk Cereal (MS, HS)	14 Eggs Sausage Patty Fruit Juice Milk Cereal (MS, HS)	15 Breakfast Pizza Fruit Juice Milk Cereal (MS, HS)	16 Donuts Fruit Juice Milk Cereal (MS, HS)
19 Cereal Yogurt Fruit Juice Milk Mini Bagels (MS, HS)	20 Pancakes/Syrup Fruit Juice Milk Cereal (MS, HS)	21 Eggs Sausage Patty Fruit Juice Milk Cereal (MS, HS)	22 Breakfast Pizza Fruit Juice Milk Cereal (MS, HS)	23 No School
26 No School	27 No School	28 No School	29 No School	30 No School
			Breakfast is served each school day, in all buildings.	

MOC-Floyd Valley December Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
			1 Hog Dog on a Bun Potato Wedges Ketchup Broccoli Apple Cookie Milk	2 Pizza Breadstick/Marinara Corn Spinach Salad/ Dressing Fruit Milk
5 Chicken Quesadilla Salsa Mixed Veggies Strawberries Jonny Pop Milk	6 French Toast Sticks Syrup Sausage Potato Wedges Ketchup Diced Peach Cup Juice Milk	7 Chili Cinnamon Roll Spinach Salad/ Dressing Fruit Milk	8 Meatball Sub Fresh Vegetables/ Ranch Sun Chips Pears Milk	9 Orange Chicken Brown Rice Egg Roll Vegetable Stir Fry Mandarin Oranges Milk
12 Nachos/Ground Beef/ Cheese Sauce Lettuce/Salsa Refried Beans Topical Fruit Cup Churro Milk	13 Mr. Rib on a Bun/ BBQ Confetti Fries Ketchup Banana Trail Mix Milk	14 Creamed Turkey on a Biscuit Mashed Potatoes/ Gravy Candied Carrots Fruit Holiday Cookie Milk	15 Pizza Boat Peas Lettuce Salad/ Dressing Mixed Fruit Milk	16 Chicken Patty on a Bun Lettuce/Mayo Potato Smiles/ Ketchup Broccoli Fruit Milk
19 Salisbury Steak Mashed Potatoes/ Gravy Green Beans Dinner Roll/Jelly Pineapple Milk	20 Italian Dunkers Meat Sauce Spinach Salad/ Dressing Baby Carrots Grapes Milk	21 Chicken Fajitas Cheese/Lettuce/ Tomatoes Corn Fiesta Beans Tropical Fruit Milk	22 Tavern on a Bun/ Cheese Confetti Fries/Ketchup Apple Rice Krispie Bar Milk	23 No School
26 No School	27 No School	28 No School	29 No School	30 No School

Menu is subject to change without prior notice due to supply chain interruptions.

If you would like the calorie/allergen list emailed to you, please contact Stephanie Pottebaum at spottebaum@mocfv.org.

Click this link for allergen and carb info: <http://bit.ly/mocfv-newsletter>

This institution is an equal opportunity provider and employer.