

MOC-Floyd Valley September Lunch Menu

This institution is an equal opportunity provider.

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Grilled Cheese Potato Gems Ketchup Carrots Fruit Granola Bar (HS) Milk
4 Labor Day No School	5 Pizza Breadstick/Marinara Lettuce Salad/ Dressing Mixed Veggies Bananas Milk	6 Beef Tacos Cheese/Lettuce/ Salsa Fiesta Beans Corn Pears Tortilla Chips (HS) Milk	7 French Toast Sticks/ Syrup Sausage Links Hashbrown/Ketchup Peaches Juice Box Milk	8 Mac & Cheese Corn Dogs/Ketchup Peas Carrots Grapes Milk
11 Quesadilla/Salsa Spinach Salad/ Dressing Strawberries Juice Slushy Cup Milk	12 Mr. Rib on a Bun/ BBQ Sauce Confetti Fries/ Ketchup Baked Beans Applesauce Cup Milk	13 Chicken Tenders/ Dipping Sauce Mashed Potatoes/ Gravy Carrots Dinner Roll/Jelly Fruit Cookie Milk	14 Spaghetti & Meat Sauce Broccoli Garlic Bread Fruit Milk	15 Orange Chicken Brown Rice Egg Roll/Sweet 'n Sour Sauce Stir Fry Veggies Fruit Milk
18 Nachos/Ground Beef/ Cheese Lettuce/Tomatoes Refried Beans Fruit Milk	19 Meatball Sub/Cheese Fresh Cucumbers & Carrots/Ranch Dip Sun Chips Fruit Cup Milk	20 Salisbury Steak Mashed Potatoes/ Gravy Green Beans Dinner Roll/jelly Pineapple Cookie Milk	21 Chicken Patty on a Bun Lettuce/Mayo Potato Smiles/Ketchup Broccoli Bananas Milk	22 Tavern on a Bun/ Cheese Confetti Fries/ Ketchup Baked Beans Grapes Rice Krispie Treat Milk
25 Creamed Chicken on a Bun Green Beans Strawberries Sun Chips/Hummus Milk	26 Italian Dunkers & Meat Sauce Spinach Salad/ Dressing Carrots Fruit Milk	27 Build a Burger Cheese/Lettuce/ Tomato/Onion Waffle Fry Mix/ Ketchup Orange Graham Cookies Milk	28 Chicken Taco Cheese/Lettuce/Salsa Spanish Rice Corn Tropical Fruit Milk	29 Pizza Breadstick/Marinara Lettuce Salad/ Dressing Mixed Veggies Fruit Milk