

MOC-Floyd Valley October Lunch Menu

This institution is an equal opportunity provider.

Monday	Tuesday	Wednesday	Thursday	Friday
2 Egg, Sausage & Cheese Sandwich Hashbrown/Ketchup Juice Fruit Milk	3 Chicken Tenders/ Dipping Sauce Mashed Potatoes/ Gravy Broccoli Garlic Bread Mandarin Oranges Milk	4 Crispito/Cheese Sauce Potato Gems Cucumbers & Car- rots/Ranch Fruit Milk	5 BBQ Sandwich Curly Fries Baked Beans Kiwi Applesauce Cup Milk	6 Pizza Boats/Marinara Candied Carrots Lettuce Salad/ Dressing Fruit Milk
9 Hamburger on a Bun Cheese/Lettuce/ Tomato Confetti Fries/ Ketchup Fruit Cocktail Milk	10 Taco in a Bag Cheese/Lettuce/Salsa Refried Beans Pineapple Churro Milk	11 Hot Dog on a Bun Potato Wedges Ketchup Broccoli Apple Cookie Milk	12 Ham Mashed Potatoes/ Gravy Green Beans Dinner Roll/Jelly Pears Graham Snacks Milk	13 Grilled Cheese Potato Gems Ketchup Fruit Granola Bar (HS) Milk
16 Deli Sub Sandwich Cheese/Lettuce/ Tomatoes Mayo/Mustard French Fries/Ketchup Broccoli Fruit Cookie (HS) Milk	17 Pizza Breadstick/Marinara Lettuce/Dressing Mixed Veggies Peaches Milk	18 Beef Tacos Lettuce/Cheese/ Salsa Fiesta Beans Corn Tortilla Chips (HS) Tropical Fruit Milk	19 Chicken Patty on a Bun Lettuce/Mayo Green Beans Potato Smiles/Ketchup Fruit Milk	20 Mac & Cheese Corn Dog/Ketchup Peas Carrots Grapes Milk
23 Quesadilla/Salsa Spinach Salad/ Dressing Corn Strawberries Jonny Pop Milk	24 Mr. Rib on a Bun/BBQ Sauce Confetti Fries/ Ketchup Baked Beans Fruit Milk	25 Chicken Tenders/ Dipping Sauce Mashed Potatoes Gravy Carrots Dinner Roll/Jelly Fruit Cookie (HS) Milk	26 Spaghetti & Meat Sauce Broccoli Garlic Toast Applesauce Cup Milk	27 Orange Chicken Brown Rice Egg Roll/Sweet n Sour Sauce Stir Fry Veggies Mandarin Oranges Milk
30 Nachos Ground Beef/Cheese Lettuce/Tomatoes Refried Beans Corn Fruit Milk	31 Meatball Sub/ Mozzarella Cheese Cucumbers & Car- rots/Ranch Fruit Sun Chips (HS) Milk			