MOC-Floyd Valley September Lunch Menu Middle School & High School

This institution is an equal opportunity provider. Menu is subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
2 Labor Day No School	3 Popcorn Chicken/ Dippping Sauce Potato Smiles Broccoli Dinner Roll/Jelly Fruit Milk	4 Pizza Breadstick/ Marinara Green Beans Banana Milk	5 Tacos Lettuce/Cheese Tortilla Chips (High School) Salsa Fiesta Beans Corn Pears Milk	6 Grilled Cheese Sand- wich Potato Gems Ketchup Carrots Fruit Rice Krispie Treat Milk
9 Quesadillas Salsa Spinach Salad/ Dressing Fruit Jonny Pop Milk	10 Mr. Rib on a Bun Confetti Fries/ Ketchup Baked Beans Watermelon Milk	11 Chicken Tenders/ Dipping Sauce Mashed Potatoes/ Gravy Cooked Carrots Fruit Cookie Milk	12 Spaghetti & Meat Sauce Broccoli Garlic Bread Applesauce Cup Milk	13 Orange Chicken Ramen Noodles/ Soy Sauce Stir Fry Vegetables Fruit Milk
16 Nachos Ground Beef/Cheese Lettuce/Cheese/ Tomatoes Refried Beans Fruit Milk	17 Meatball Sub Cheese Fresh Veggies/ Dressing Mixed Fruit Cup Teddy Grahams Milk	18 Salisbury Steak Mashed Potatoes/ Gravy Grean Beans Dinner Roll/Jelly Pineapple Milk	19 French Toast Sticks/ Syrup Sausage Links Hash Brown Ketchup Peaches Juice Cup Milk	20 Chicken Patty on a Bun Lettuce/Mayo Broccoli Fruit Milk
23 Creamed Chicken on a Bun Green Beans Strawberries Sun Chips Milk	24 Italian Dunkers Meat Sauce Spinach Salad/ Dressing Carrots Fruit Milk	25 Ham & Cheese Sandwich Broccoli/Cheese Banana Gogurt Milk	26 Breaded Pork Chop Patty Mashed Potatoes/ Gravy Corn Dinner Roll/Jelly Pears Milk	27 Tavern on a Bun Cheese Confetti Fries/ Ketchup Baked Beans Fruit Milk
30 Hot Dog Potato Wedges/ Ketchup Broccoli Apple Cookie Milk				