

MOC-Floyd Valley September Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 No School Labor Day	2 Taco in a Bag Cheese/Lettuce/ Salsa Refried Beans Pineapple Churro Milk	3 Italian Dunkers Meat Sauce Spinach Salad/ Dressing Baby Carrots Fruit Milk	4 Egg/Sausage/Cheese Croissant Potato Wedges/ Ketchup Fruit Milk	5 Mac & Cheese Corn Dog/Ketchup Green Beans Peaches Milk
8 Popcorn Chicken/ Dipping Sauce Potato Smiles Mixed Veggies Garlic Knot Pears Milk	9 Meatball Sub/Cheese Broccoli Grapes Sun Chips Milk	10 Pizza Breadstick/ Marinara Lettuce Salad/ Dressing Baby Carrots Fruit Milk	11 Nachos Ground Beef/Cheese Sauce Lettuce/Tomatoes Refried Beans Corn Tropical Fruit Milk	12 Grilled Cheese Potato Gems Ketchup Peas Orange Rice Krispie Treat Corn Milk <u>High School Sack Lunch</u> Deli Sub/Cheese Mayo/Mustard Baby Carrots/Ranch Apple Sun Chips Milk
15 French Toast Sticks/ Syrup Sausage Links Jumbo Hash Browns/ Ketchup Baked Apples Juice Box Milk	16 Chicken Patty on a Bun Lettuce/Mayo Broccoli/Cheese Fruit Milk	17 Cook's Choice	18 Tavern on a Bun/ Cheese Confetti Fries/Ketchup Baked Beans Jello Kiwi Milk	19 Orange Chicken Brown Fried Rice Stir Fry Vegetables Egg Roll/Sweet n Sour Sauce Fruit Milk
22 Hot Dog on a Bun Potato Wedges Ketchup Broccoli Apple Cookie Milk	23 Chicken Nuggets/ Dipping Sauce Carrots Cheezy Breadstick Pears Milk	24 Crispito/Cheese Sauce Potato Gems Fiesta Beans Fruit Milk	25 Mr. Rib on a Bun Curly fries/ Ketchup Green Beans Watermelon Milk	26 Pizza Boats/Marinara Sauce Mixed Veggies Lettuce Salad/ Dressing Fruit Milk
29 Hamburger on a Bun Cheese/Lettuce/ Tomato Confetti Fries/ Ketchup Fruit Cocktail Milk	30 Taco in a Bag Cheese/Lettuce/ Salsa Refried Beans Pineapple Churro Milk	Oct 1 Italian Dunkers Meat Sauce Spinach Salad/ Dressing Baby Carrots Fruit Milk	2 Egg/Sausage/Cheese Croissant Potato Wedges/ Ketchup Fruit Milk	3 Mac & Cheese Corn Dog/Ketchup Green Beans Peaches Milk

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USDA Nondiscrimination Statement

USDA Nondiscrimination Statement (Revised 2-15-23)

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To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. **mail:** U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, DC 20250-9410; or

2. **fax:** (833) 256-1665 or (202) 690-7442; or

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