

MOC-Floyd Valley October Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Italian Dunkers Meat Sauce Spinach Salad/ Dressing Baby Carrots Fruit Milk	2 Egg, Sausage, Cheese Croissant Potato Wedges/ Ketchup Fruit Milk	3 Mac & Cheese Corn Dog/Ketchup Green Beans Peaches Milk
6 Chicken Tenders Mashed Potatoes/ Gravy Mixed Veggies Dinner Roll/Jelly Pears Milk	7 Deli Sub/Cheese Lettuce/Tomato Mayo/Mustard Broccoli Grapes Cookie Milk	8 Pizza Breadstick/Marinara Green Beans Fruit Milk	9 Nachos Ground Beef/Cheese Lettuce/Tomatoes Refried Beans Cooked Carrots Tropical Fruit Milk	10 Grilled Cheese Potato Gems Ketchup Peas Mandarin Oranges Rice Krispie Treat Milk
13 French Toast/Syrup Sausage Links Jumbo Hash Browns/ Ketchup Baked Apples Juice Milk 	14 Boneless Wings/ Dipping Sauce American Fries Corn Fruit Milk 	15 Spaghetti & Meat Sauce Garlic Bread Spinach Salad/ Dressing Carrots Grapes Milk 	16 Tacos Cheese/Lettuce/Salsa Refried Beans Tropical Fruit Churro Milk 	17 Orange Chicken Brown Rice Stir Fry Veggies Fruit Fortune Cookie Milk 
<i>NATIONAL SCHOOL LUNCH WEEK - SCHOOL LUNCH PASSPORT - TASTE THE WORLD</i>				
20 Hot Dog on a Bun Potato Wedges/ Ketchup Broccoli Apple Cookie Milk	21 Chicken Nuggets/ Dipping Sauce Mixed Vegetables Pears Garlic Knot Milk	22 Crispito/Cheese Sauce Potato Gems Corn Strawberries & Blueberries Milk	23 Mr. Rib on a Bun Waffle Fries/Ketchup Baked Beans Melon Milk	24 Pizza Boats/Marinara Carrots Lettuce Salad/ Dressing Fruit Milk
27 Build a Burger Cheese/Lettuce/ Tomato/Onion Confetti Fries/ Ketchup Fruit Cocktail Milk	28 Taco in a Bag Cheese/Lettuce/ Salsa Refried Beans Pineapple Churro Milk	29 Italian Dunkers Meat Sauce Spinach Salad/ Dressing Carrots Fruit Milk	30 Egg, Cheese, Sausage Croissant Potato Wedges/ Ketchup Fruit Milk	31 Mac & Cheese Corn Dog/Ketchup Green Beans Peaches Milk

USDA Nondiscrimination Statement

USDA Nondiscrimination Statement (Revised 2-15-23)

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To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. **mail:** U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, DC 20250-9410; or

2. **fax:** (833) 256-1665 or (202) 690-7442; or

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