

MOC-Floyd Valley September Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Breakfast Croissant Roasted Potatoes/Ketchup Fruit Milk	2 Taco in a Bag Cheese/Lettuce/Salsa Refried Beans Pineapple Churro Milk	3 Corn Dog/Ketchup Mac & Cheese Green Beans Fruit Milk	4 Italian Dunkers Meat Sauce Spinach Salad/Dressing Carrot Sticks Pears Milk
7 No School Labor Day	8 Meatball Sub Sandwich/ Cheese Broccoli Grapes Sun Chips Milk	9 Grilled Cheese Tator Tots/ Ketchup Peas Mandarin Oranges Milk	10 Nachos Ground Beef/ Cheese Sauce Lettuce/Tomatoes Refried Beans Tropical Fruit Milk	11 Pizza Breadstick/Marinara Green Beans Fruit Milk
14 French Toast Sticks/Syrup Sausage Links Potato Starz/ Ketchup Fruit Juice Milk	15 Chicken Patty on a Bun Broccoli/Cheese Fruit Milk	16 Cook's Choice 	17 Tavern on a Bun/ Cheese Confetti Fries/ Ketchup Baked Beans Peaches Milk	18 Orange Chicken Brown Rice Stir Fry Veggies Egg Roll/Sweet n Sour Sauce Fruit Milk
21 Hot Dog on a Bun Potato Wedges Ketchup Broccoli Apple Cookie Milk	22 Chicken Nuggets Dipping Sauce Carrots Strawberries Garlic Knot Milk	23 Crispitos/Cheese Sauce Tater Gems Fiesta Beans Tropical Fruit Milk	24 Mr. Rib on a Bun Curly Fries/ Ketchup Green Beans Fruit Milk	25 Pizza Boat/Marinara Mixed Veggies Lettuce Salad/ Dressing Fruit Milk
28 Build a Burger Cheese/Lettuce/ Tomato Confetti Fries Ketchup Mixed Fruit Cup Milk	29 Breakfast Croissant Roasted Potatoes/Ketchup Fruit Milk	30 Taco in a Bag Cheese/Lettuce/Salsa Refried Beans Pineapple Churro Milk		

USDA Nondiscrimination Statement

USDA Nondiscrimination Statement (Revised 2-15-23)

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotope, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. **mail:** U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, DC 20250-9410; or

2. **fax:** (833) 256-1665 or (202) 690-7442; or

email: Program.Intake@usda.gov

This institution is an equal opportunity provider.

Iowa Nondiscrimination Statement

It is the policy of this CNP provider not to discriminate on the basis of race, creed, color, sex, sexual orientation, gender identity, national origin, disability, age, or religion in its programs, activities, or employment practices as required by the Iowa Code 216.6, 216.7, and 216.9. If you have questions or grievances related to compliance with this policy by this CNP Provider, contact the Iowa Civil Rights Commission, 6200 Park Ave, Suite 100, Des Moines, IA 50321; phone number 515-281-4121 or 800-457-4416; website: <https://icrc.iowa.gov/>.