

MOC-Floyd Valley October Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Corn Dog/Ketchup Mac & Cheese Green Beans Fruit Milk	2 Italian Dunkers Meat Sauce Spinach Salad/ Dressing Carrot Sticks Pears Milk
5 Chicken Tenders Mashed Potatoes/ Gravy Mixed Veggies Garlic Knot Fruit Milk	6 Cook's Choice 	7 Grilled Cheese Tator Tots/ Ketchup Peas Mandarin Oranges Milk	8 Nachos Ground Beef/ Cheese Sauce Lettuce/Tomatoes Refried Beans Tropical Fruit Milk	9 Pizza Breadstick/Marinara Green Beans Fruit Milk
12 French Toast Sticks/Syrup Sausage Links Potato Starz/ Ketchup Fruit Juice Milk	13 Chicken Patty on a Bun Lettuce/Mayo Broccoli/Cheese Fruit Milk	14 Spaghetti/Meat Sauce Garlic Bread Lettuce Salad/ Dressing Carrot Sticks Apple Milk	15 Tavern on a Bun/ Cheese Confetti Fries/ Ketchup Baked Beans Peaches Milk	16 Orange Chicken Brown Rice Stir Fry Veggies Egg Roll/Sweet n Sour Sauce Fruit Milk
19 Hot Dog on a Bun Potato Wedges Ketchup Broccoli Apple Cookie Milk	20 Chicken Nuggets Dipping Sauce Candied Carrots Strawberries Garlic Knot Milk	21 Crispitos/Cheese Sauce Tater Gems Fiesta Beans Tropical Fruit Milk	22 Mr. Rib on a Bun Curly Fries/ Ketchup Green Beans Fruit Milk	23 Pizza Boat/Marinara Mixed Veggies Lettuce Salad/ Dressing Fruit Milk
26 Build a Burger Cheese/Lettuce/ Tomato Confetti Fries Ketchup Mixed Fruit Cup Milk	27 Breakfast Crois- sant Roasted Potatoes/ Ketchup Fruit Milk	28 Taco in a Bag Cheese/Lettuce/ Salsa Refried Beans Pineapple Churro Milk	29 Corn Dog/Ketchup Mac & Cheese Green Beans Fruit Milk	30 Italian Dunkers Meat Sauce Spinach Salad/ Dressing Carrot Sticks Pears Cookie Milk

USDA Nondiscrimination Statement

USDA Nondiscrimination Statement (Revised 2-15-23)

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To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. **mail:** U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, DC 20250-9410; or

2. **fax:** (833) 256-1665 or (202) 690-7442; or

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